

Natallia Khamenka, MD, PhD

EMPLOYMENT

Period	Name of the institution	Position
August 2001- July 2002	State Mental Clinical Hospital	Trainee-doctor
September 2002 – September 2006	Minsk Regional Narcological Department	Narcologist (specialist in addiction medicine)
September 2006 – August 2008	State Mental Clinical Hospital	Psychiatrist
September 2010 – September 2015	Department of Psychiatry & Medical Psychology, Belarusian State Medical University	Assistant professor
September 2015 – current time	Department of Psychiatry & Medical Psychology, Belarusian State Medical University	Associate professor

EDUCATION

Period	Name of the institution / program	Certification
September 2017 – April 2019	William Alanson White Institute of Interpersonal Psychoanalysis, NYC, USA / course for Russian speakers	Certificate of attendance
July 2015	European College of Neuropsychopharmacology, Oxford, United Kingdom / Summer School of Neuropsychopharmacology	Certificate of attendance
September 2013	Salzburg Weill Cornell / NYPH Seminar Psychiatry	Certificate of attendance
September 2012- May 2017	Moscow Gestalt Institute / Training of gestalt psychotherapy	Certificate of Gestalt therapist
November 2011 – April 2015	Belarusian Medical University, Department of Psychiatry & Medical Psychology / Psychiatry PhD Program	PhD diploma
September 2008 – August 2010	Belarusian Medical University, Department of Psychiatry & Medical Psychology / Course of Advanced Training in Psychiatry	Certificate of completion

August 2001 - July 2002	Republican State Clinical Psychiatric Hospital, Belarusian Medical Academy of Postgraduate Education, Department of Psychiatry / one-year postgraduate training in psychiatry (residence)	Certificate of Psychiatrist
September 1992 – June 1999	Minsk State Medical Institute	MD Diploma

PARTICIPATION IN INTERNATIONAL CONGRESSES AND SEMINARS:

Psychiatry

1. 10th World Congress of Biological Psychiatry, 2011, Prague, Czech Republic
2. 15th World Congress of Psychiatry, 2011, Buenos Aires, Argentina
3. DGPPN (German Association for Psychiatry, Psychotherapy and Psychosomatics) Congress 2013, Berlin, Germany
4. DGPPN (German Association for Psychiatry, Psychotherapy and Psychosomatics) Congress 2014, Berlin, Germany
5. 12th World Congress of Biological Psychiatry, 2015, Athens, Greece
6. DGPPN (German Association for Psychiatry, Psychotherapy and Psychosomatics) Congress 2015, Berlin, Germany
7. 25th European Congress of Psychiatry, 2017, Florence, Italy
8. 28th European Congress of Psychiatry, 2020, Madrid, Spain (online)

Psychotherapy

1. EFPP Conference «The Challenge of Social Traumata», 2018, Belgrade, Serbia
2. WAWI Conference «Interpersonal Psychoanalysis: A Guide for the Contemporary Practitioner», 2018, Moscow, Russia
3. Seminar «Дифференциальная диагностика личностных расстройств пограничного уровня и их лечение в терапии, фокусированной на переносе», with O. Kernberg, 2018, Moscow, Russia
4. Seminar «Introduction to Group Analysis» with Sh. Gaur and D. Anderson (Institute of Group Analysis), 2018, Minsk, Belarus
5. Seminar «Diagnosis and Treatment Selection using Multimodal Psychoanalytic Concepts» with J. Blackman (IPA, Contemporary Freudian Society), 2019, online
6. Seminar «Introduction to Existential Therapy» with D. White (University of Oxford, University of Surrey), 2019
7. Летняя Психоаналитическая Школа «Безнадежные пациенты. Феноменология и особенности психодинамики», Минск, 2019
8. Seminar «Symptoms. Treatment. Personal Worth» with J. Blackman (IPA, Contemporary Freudian Society), 2020, online.

PROFESSIONAL INTERESTS AT THE CURRENT TIME:

1. Individual psychotherapy for adolescents and adults.
2. Educational lectures in psychiatry for mental health professionals.
3. Psychiatric consultations for in- and out-patient departments of Minsk mental hospitals.
4. Organization of international educational projects in psychotherapy with USA and European trainers in Minsk for professionals.

RECENT PUBLICATIONS (2020):

1. Reznik, A., Gritsenko, V., Konstantinov, V., Khamenka, N., Isralowitz, R. (2020) COVID-19 Fear in Eastern Europe: Validation of the Fear of COVID-19 Scale. *International Journal of Mental Health and Addiction*. <https://doi.org/10.1007/s11469-020-00283-320>.
2. Khamenka, N., Skuhareuski, A., Reznik, A. & Isralowitz, R. (2020). Medical Cannabis pain benefit, risk and effectiveness perceptions among Belarus medical students. *International Journal of Mental Health and Addiction*, 1-7. <https://doi.org/10.1007/s11469-019-00152-8>.
3. Gritsenko, V., Skugarevsky, O., Konstantinov, V., Khamenka, N., Marinova, T., Reznik, A., & Isralowitz, R. (2020). COVID 19 Fear, Stress, Anxiety, and Substance Use Among Russian and Belarusian University Students. *International Journal of Mental Health and Addiction*. <https://doi.org/10.1007/s11469-020-00330-z>
4. Гриценко В.В., Резник А.Д., Константинов В.В. Маринова Т.Ю., Хоменко Н.В., Израйловиц Р. Страх перед коронавирусом заболеванием (COVID-19) и базисные убеждения личности *Клиническая и специальная психология* 2020. Том 9. № 2. С. 99–118.
5. Richard Isralowitz, Natallia Khamenka, Vsevolod Konstantinov, Valentina Gritsenko & Alexander Reznik (2020): Fear, Depression, Substance Misuse and Related Conditions among Multi-National Medical Students at the Peak of the COVID-19 Epidemic. *Journal of Loss and Trauma*. <https://doi.org/10.1080/15325024.2020.1799521>

LANGUAGES

Native Russian; Belarusian.

Foreign: English.

CURRENT PROFESSIONAL AND OTHER ORGANIZATIONAL MEMBERSHIPS:

Belarusian Psychiatric Association,

Republican Society “Gestalt Approach” for Psychologists and Psychotherapists.

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